

Road Running and Cross Country Commission

Scottish International Cross Country and Road Racing Programme & Selection Dates 2014–15

Cross Country

Fixture	Age Group	Date	Venue	Selection Date
Cross Country Challenge - <i>European Trial</i>	SEN U23 U20	29 th Nov	Liverpool	17 th Nov
Inter Districts <i>Great Edinburgh CC</i>	SEN / U20 U17 U15 U13	10 th Jan	Edinburgh	9 th Dec
Celtic Nations	U23 U20 U17	18 th Jan	Ireland	9 th Dec
Cross Country Challenge	SEN U20	7 th Feb	Milton Keynes	12 th Jan
Inter Counties – <i>World Trial</i>	SEN U20 U17	7 th Mar	Birmingham	23 rd Feb
Home Countries	SEN U20	14 th Mar	Antrim	23 th Feb

Road Racing

Fixture	Age Group	Date	Venue	Selection Date
London Mini Marathon	U17 U15	26 th Apr	London	16 th Mar

Please read the notes below for further clarification on the age group specifications for the races above

Selection Policy

It is important to note that only athletes who will benefit from the standard of competition at a particular event will be selected and the selection committee has discretion to leave places empty if necessary. Although this type of decision can be disappointing for athletes, there are a number of factors that will affect the standard of team that may be sent to particular events and all of these will be taken into account. These may include the age of an athlete, the wishes of race promoters, the demands of the event (distance, conditions and course profile) and funding. The selected teams for the events in the programme will be funded by scottishathletics Road Running and Cross-Country budget.

For this programme to be successful and to ensure progress towards our aim of fielding Scottish Athletes in GB Teams our top endurance athletes and their coaches are encouraged to participate in this programme and plan their season accordingly.

Please keep the Mark Pollard (mark.pollard@scottishathletics.org.uk) and/or the selection committee fully informed of athletes' racing programmes, results, training progress, injuries, illness and availability for selection for those races on the programme. This type of

information and two-way communication is extremely valuable in assisting the selectors to pick the best teams.

European Trial (Liverpool): Up to 4 senior men; 4 senior women; 4 U-23 Men; 4 U-23 Women; 4 U-20 men and 4 under 20 women will be selected on current form.

Celtic International: 4 each of U-23 men (born 1993, 94, 95), U-23 women (born 1993, 94, 95), U-20 men (born 1996, 97, 98), U-20 women (born 1996, 97, 98), U-17 men (born 1999 and 2000) and U-17 women (born 1999 and 2000) will be selected on current form, particularly the Inter District Championships. Note age groups are under IAAF rules.

Inter Districts: Cross Country Teams will be selected by the districts on current form, especially the district championships.

Chair of selectors:

East – Alex Jackson **North** – Sophie Dunnett **West** – Clare Barr

Milton Keynes Challenge: Up to 6 athletes (known to be targeting World Cross Country Championships selection (U20 / Senior) at Inter Counties) may be selected, based on current form.

Inter Counties: District teams will be selected, consisting of up to 6 males and females at each of senior U-20, and U-17 level. First 4 from the senior national championships will be invited to participate plus up to the maximum number on current form may be selected. U-15 athletes may be selected by the districts, if they have shown exceptional form and funding is available. Other U-15 and U-13 athletes may be entered by the districts, and can participate, but they will not receive funding for travel and accommodation

Home Countries International: Up to 4 senior men; 4 senior women; 4 U20 men; 4 U20 women, (U20 based on UK rules). First 3 eligible athletes from the National Championships will be offered selection. The team will be finalised after the Inter-Counties.

London Mini Marathon: The Scottish team each age group (U15 & U17) will be selected, based on current form but particularly performances in the National Young Athletes Road Race Championships. Age groupings for this race are U15 dob 1/9/00 to 31/8/01 and U17 dob 1/9/97 to 31/8/99

International Fixtures

Fixture	Date	Venue
European CC Championships	14 th Dec	Samakov, Bulgaria
World CC Championships	28 th Mar	Guangzhou, China

UKA Cross Challenge

Venue	Date
Liverpool	29 th November
Cardiff	18 th January (Sun)
Milton Keynes	7 th February
Birmingham	7 th March

Relay Championships

Fixture	Date	Venue
District CC Relays	12 th Oct (Sun)	E (Livingston)
District CC Relays	11 th Oct	N (Evanton) W (Port Glasgow)
National CC Relays	25 th Oct	Cumbernauld
6/4 Stage Road Relay	29 th Mar	Livingston

Scottish Cross Country Championships

Fixture	Date	Venue
National 4K Championships	9 th Nov (Sun)	Glasgow
District CC Championships North	29 th Nov	Nairn
District CC Championships East	6 th Dec	Dundee
District CC Championships West	6 th Dec	Kilmarnock
National Championships	22 nd Feb (Sun)	Falkirk

University Championships

Fixture	Date	Venue
Scottish Universities	22 rd Nov	Dundee
BUCS	31 st Jan	Brighton

Schools Cross Country Championships

Fixture	Date	Venue
Scottish Schools	7 th Mar	Irvine
SIAB	21 st Mar	Wales

Scottish Road Race Championships

Fixture	Date	Venue
YA Road Race Championships	15 th Mar	Greenock

ERRA 12 Stage (Male) & 6 Stage (Female) relay: The ERRA will invite scottishathletics to enter teams in their National 12 / 6 Stage relay, which is held at Sutton Park, Sutton Coldfield on 11th April. Entry forms are normally sent to the first 3 teams in the Scottish 6 & 4 Stage Relay but team managers wishing to enter should contact the Mark Pollard (mark.pollard@scottishathletics.org.uk).

Lotto Cross Series: Additional race opportunities are sometimes available (primarily for athletes targeting GB representation at European and World Cross Country Championships) as part of the Lotto Cross Country Series in Belgium. Interested athletes should contact Mark Pollard. Dates for this year's events are still to be confirmed but will be available at <http://www.lottocrosscup.be/>